

Lupo gets winterized

The holiday season might not be on your mind but Lupo Restaurant in Yaletown hopes your stomach is craving winter fare with its new lunch menu launching Dec. 7. In the meantime, Lupo is offering a two-course menu at \$29 and a three-course menu at \$37.

— QMI AGENCY



Goodbye Stella's, hello BierCraft

Say goodbye to Stella's. The popular hangout, known for having the longest selection of Belgian beers, with locations at Cambie Street and Commercial Drive, will re-launch under the BierCraft brand Oct. 20. On that day, both establishments will have Carlsberg on tap for \$3.

— QMI AGENCY

New brew ready for Oktoberfest



Colin Jack

Justthereforthebeer.com

Oktoberfest 2010, tonight and tomorrow at the Edgewater Casino, is a chance for Vancouverites to celebrate the 200th anniversary of the famed fair. Bavarians know how to celebrate in style with heaps of food, drink and fun.

Award-winning craft beer will be flowing and lederhosen aficionados The One Tonne Brass Quintet will be pumping out Oktoberfest tunes and crowd favourites.

Plenty of beer maids and firefighters will be on hand to mingle with those in attendance as a portion of the gate proceeds benefit the Vancouver Fire Fighter's Charitable Society.

My Festival Pick

NatureLand Organic Festival from Pacific Western Brewery is set to launch Oct. 8. At Oktoberfest, patrons will get the first sips shipped straight from the brewery yesterday.

This is Peter Boettcher's second specialty beer. He is the only German-born, German-trained brewmaster directing a major Canadian brewery.

Who would know more about creating a festive beer marked specifically for Oktoberfest?

Prost!

Visit Colin Jack at www.justthereforthebeer.com

Sliders something to Revel in



Raj Taneja
Urbanmixer.com

Raj Taneja and Angelina Rai are transcending cross-dimensional boundaries in search of a slider – sorta like that search for Earth Prime in that TV series, Sliders. The journey begins in Gastown.

Raj: So, what is a real slider anyways?

Angelina: Well, it's like a mini-burger, but not. It's small, maximum three inches in diameter. The meat is cooked on a griddle. Sautéed onions and pickles go well, but the possibilities are endless. If you found the ultimate slider you'd know. Like Harold and Kumar's trip to Whitecastle, we're on a quest for the truth or to at least cure a craving.

R: So this place they call Revel, located at 238 Abbott



Sliders to make your mouth water.
PHOTO RAJ TANEJA

Street in Gastown, has sliders on the menu?

A: Not only that, there's a lot of history in that place.

R: Revel has not just one, but three sliders on the menu. They're only available after 11 p.m. so your bedtime better not be early. Pulled pork, beef with double-smoked bacon,

and I'm forgetting one.

A: The black bean slider with avocado salsa and you'll taste a hint of butter.

R: That pales in comparison to the refreshing flavour of meat. The pulled pork slider really stood out considering this little piggy was braised for 11 hours. Add in a nicely

toasted bun and a little bit of coleslaw, and it's awesome.

A: I agree, but it's so good to see a slider that's worthwhile for our vegetarian pals, too.

R: A menu fit for everyone.

What parallel universe will Rangelina slide into next? Tune in next week for Episode 2 of Slider Quest.

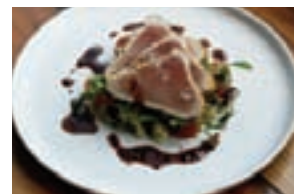
Mis Trucos right in the mix of Davie



Sarah Rowland
Dining Chronicles

Ever go to a restaurant and everything on the menu looks so good, you can't decide what to order? Well, at Mis Trucos (1141 Davie St.) you don't have to decide. As well as offering individual dishes for more decisive diners, this hip and modern intimate tapas bar offers a six-course sampler for \$35 a person. There's also a 10-course version for \$49.

Chef Kris Barnholden likes to mix things up on a regular basis, so it's rarely the same combo. When I went there, my six dishes included toasted bread-wrapped prawn with aioli dip, a to-die-for lobster risotto, a Qualicum Bay scallop with squash puree, an heirloom tomato salad, and bison flank steak with mashed potatoes – all topped off with two amazing, bite-size treats for desserts. The portions were just enough to get a taste of everything without going over-



Seared albacore tuna with COUS COUS. PHOTO SUBMITTED

board. My dining companion and I walked away full, but not excessively so.

What dishes do we highly recommend? Well, neither of us could narrow down our

favourites, as they were all so good. It doesn't matter anyway. By the time this article is published, Barnholden may have replaced some of those dishes with his tried-and-tested melon and Serrano ham salad or maybe a seared albacore tuna with cous cous or something totally different and new. Either way, you can pretty much guarantee your dining experience at this minimalist little hot spot is going to be insanely tasty, sexy and enjoyable. Bon appetite!

HOT OFF THE BLOGS

cheapappetite.com

New India Buffet

My wallet usually hates Indian food. The take-out lunch box from New India Buffet, however, is an exception. For \$5, you get butter chicken on basmati rice, naan and a veggie side of your choice, such as spicy cauliflower and potatoes or lentils in curry sauce. If you can spare a dollar more, get a samosa loaded with beef or veggies too. Don't go for their pricey buffet, but give this lunch-box mission a try. Enjoy and cheap appetit.

New India Buffet
805 W. Broadway, Vancouver
604-874-5800
www.newindiabuffet.com

shermansfood-adventure.com

La Quercia

If there's a place in Vancouver I would have to single out, it would be La Quercia. This little out-of-the-way Italian eatery boasts one of the best values in the city. Its Alla Famiglia menu at \$43 (five courses) and \$59 (nine) is a carefully-crafted feast to be shared by two or more guests.

La Quercia
3689 West 4th Ave., Vancouver
604-676-1007
www.laquercia.ca

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